



HAPPY NEW YEAR
2022

MONTHLY NEWS

From the Desk of
Andre' L. Ponder, Superintendent

"Monthly Motivation"

"Be passionate. Be courageous. Be your best"

Gabrielle Giffords



The 7 Habits of Highly Effective People – Habit 2:
Begin With The End In Mind – Each part of your life – today's behavior, next week's behavior, next month's behavior – can be examined in the context of the whole, of what really matters most to you. *Start with a clear understanding of your destination.*

JANUARY 2022

Calendar of Events

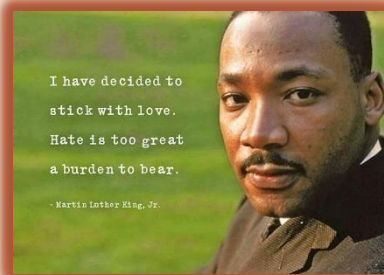
- **January 1** – Happy New Year 2022
- **January 4** – Board Meeting
- **January 5** – Safety Committee Meeting
- **January 10** – Site Leadership Team Mtg.
- **January 12** – PTA Interest Meeting
- **January 14** – Stakeholders Meeting
- **January 17** – MLK Day (District Closed)
- **January 18** – Board Meeting
- **January 21** – Budget Committee Meeting

"Let the Games begin"

"Let's go Volleyball and Cheerleaders"

Admin Corner

- Admin Meetings – 1st & 3rd Tues
- Leadership Meetings – 2nd & 4th Wed



Featured Employee of the Month

Ann Kee – (Infinite Campus)



"New Year's Resolutions for Teachers – 2022"

Analyze your work/life balance	Put time aside for yourself and family.
Refresh your classroom/office	Clean your workspace and throw away things that clutter your classroom or office.
Introduce more technology into your teaching strategies	Go out of your way to learn more technology. Technology engages the brain.
Give students more individual attention	Understand students' needs and spend more time differentiating what is needed for success.
Prepare students for the future	Digital literacy, communication and collaboration skills, ability to research, and problem solving skills will help to prepare students for the workplace.
Soak up your accomplishments	Little victories happen in the classroom every day.
Take more professional development	Helps to further your teaching skills and career.

Kick off the year with "KINDNESS" – There are a number of real-life benefits associated with the way we treat others. Science shows that as children, we are all biologically wired to be kind and we can further develop this trait with practice and repetition. Sometimes, however, due to outside influences and the stress of our day-to-day lives, we can lose this inherent ability. Kindness and empathy help us relate to other people and have more positive relationships with friends, family, and even perfect strangers we encounter in our daily lives. Besides just improving personal relationships, however, kindness can actually make you healthier. Here are six science-backed ways to improve your health through kindness:
<https://www.quietrev.com/6-science-backed-ways-being-kind-is-good-for-your-health/>